

Please make payment by cheque,
payable to The Well Christian Healing
Centre.

We will confirm your booking by e-mail or
please include a stamped, addressed envelope
if you would like the confirmation posted.

**If you would like to attend this event
but are challenged in your finances**

please contact The Well Office and we will
be able to help you.

**PLEASE SEND THIS FORM AND YOUR
PAYMENT TO THE WELL OFFICE.**

The Well Christian Healing Centre,
20 Augusta Place
Royal Leamington Spa
Warwickshire
CV32 5EL

For further details, call us on:
01926 888003
Or email: bookings@wellhealing.org

For more information about The Well,
go to our website: www.wellhealing.org

Registered charity: 1097443
A company limited by guarantee:
04664030

ABOUT THE WELL

The Well is run by Christian volunteers from
the area who have been trained how to pray
with people for healing and who have the
backing of their local church leaders.

The Well's Founder and Director of Ministry
is Rev Anne Hibbert.

We are able to offer our prayer services free
because The Well is a registered charity
supported entirely by donations.

KEEPING IN TOUCH

If you're new to The Well, we'd love to keep
you updated with ministry news, stories of
healing, forthcoming events, new resources and
opportunities to support us through prayer,
volunteering and donating. If you're happy for us
to do so, please ensure you've completed your
details overleaf and tick the appropriate boxes
below:

I'm happy for you to keep me updated

By email By post By phone

We will keep your details secure and will not
pass them on to other organisations. If you
already receive information from us, we will
continue to send it unless you tell us otherwise
by emailing or writing to us (our details are
below).

DISCLAIMER

We hope that you will benefit from this event.
However, please make sure that you do not use
anything learned at this event as a substitute for
any ongoing therapy, medication or other
professional help that you (or any young person
in your care) may be accessing at present.



Pathway to Positive Mental Health in Children and Young People

led by
Linda Kent

**Friday 24th November
and repeated
Sat 25th November 2023
from 9.30 a.m. to 12.45p.m.**
**The Well
Christian Healing Centre
20 Augusta Place**

More information at:
www.wellhealing.org

Pathway to Positive Mental Health in Children and Young People

Who is this for?

Everyone who interacts with children, including parents, step-parents, carers, grandparents, uncles, aunts, godparents, school staff, children's and youth workers etc. Please note that attendance at this event is not suitable for children or young people.

What is it about?

An opportunity for you to consider the pressures on children and young people today and to understand how these impact their mental health.

How?

Two talks will be given during the morning:

- *Understanding the child and young peoples' world in today's society,*
- *How to support and nurture resilience in children and young people.*
- *An opportunity to ask questions.*

Hot drinks will be served between the talks.

What you can expect?

- To gain a greater understanding of the child/ young person's world.
- To appreciate how we fit into their world.
- To consider how our reactions and communications can hinder or help their mental health.
- Tips and tools for improving our relationships with the child/young person.
- How to encourage communication.

The Cost

This Pathway morning costs £15 per person which includes hot drinks, biscuits and handouts to support the teaching.



Event Leader:

Linda Kent

We asked Linda to introduce herself.

“Having trained as a Nursery Nurse, I've worked with children in a variety of settings, including Hospital, Private Nursery, Children's Centre and Schools (Nursery, Primary & Secondary). I've worked extensively with Children who have Additional Needs, Children on the Autistic Spectrum as well as other Neuro Diversities and children from other Nationalities than my own.

I have ran Children's clubs, been Play Lead on Paediatric Hospital Ward, Playgroups Supervisor, Youth Leader, School Governor, and Children's Practitioner for NSPCC, (running a Stay and Play, helping train volunteers, delivering Keeping Safe Programs to individuals and groups at times working closely with Social Care). Having qualified as a Counsellor in 2012, I worked many years for Relate counselling children.

I've always seen supporting parents/carers as an important part of the work, and now, as a private, self-employed Children & Young People's Counsellor, I do so more fully by encouraging and helping equip parents/ carers/ significant others to nurture resilient, happy children in our modern world.

I am also a wife and mother to two wonderful grown-up young men. My relationship with Jesus is vitally important to me. I'm a member of the British Association for Counselling and Psychotherapy.”

BOOKING FORM

Pathway Morning, Fri 24th or Sat 25th
November 2023 Or book at:
www.wellhealing.org

Name _____

Address _____

Postcode _____

Mobile : _____

E-mail address: _____

I would like to book for the Footpath Event:

___ places @ £15 per person: =

My payment = _____

Tick which date you will be attending:

Fri 24th Nov

Sat 25th Nov

**If you are booking more than two places,
please complete a separate booking form
for each person. Thank you.**

